



## Real Love & Real Life: Living the Faith Retreat

Dear Parents,

We are excited to announce a very special *Real Love & Real Life: Living the Faith parent-teen retreat* that **Our Lady of the Rosary** is proud to be hosting, and you are invited! This retreat is for you to attend with your 7<sup>th</sup> or 8<sup>th</sup> grade son or daughter. It will be held on:

- Sept. 11, 18, and 25 (Wednesdays)
- 6:45pm-9:15pm
- OLR – Guadalupe Hall

*Real Love & Real Life* is presented by Family Honor, Inc. Since 1988, Family Honor has provided a Catholic framework on the truth and meaning of sexuality, love, and family.

• **Session 1 of the Retreat is for parents only** and Family Honor Presenters will use that time to give you information and resources that will help prepare you to respond to some of the challenging questions your teen may be asking regarding current moral issues.

• **Sessions 2 and 3 are for you to attend with your son or daughter**, and Family Honor Presenters will deliver a variety of skits, talks, and videos, and also provide time for you to work on short communication exercises with your teen.

Topics for Sessions 2 and 3 include: practicing good communication in the family; understanding our true worth from God; developing as a whole person; living the virtue of chastity; discovering what Christ-like love means; the friendship, dating, and vocation journey; and some basics on The Theology of the Body. *(In Session 3, dads/sons are in one room and moms/daughters in another for an age-appropriate presentation on male and female reproduction and fertility.)*

Family Honor believes in parental empowerment, and thus they serve parents by helping you to strengthen communication between you and your young teen. As one parent told us: *“This (retreat) did such a wonderful job tying in all the things we want our children to know about sex and relationships. Learning about all this with God and the virtues at the center of it all - just as it should be!”*

Lots of activities pull families in many directions, but this is an experience that families look back on years later and say, **“Wow – that really made a difference! It was well worth the time spent with my child.”**

We are confident that you will find value in this retreat. Register by going to:  
<https://familyhonor.org/chastity-programs-near-me/>.

I hope you will join other families at this retreat. We consider this a wonderful opportunity to learn more about building healthy, happy, and holy families. Please feel free to call or email me with any questions.

Sincerely,

JohnMark A. Cayer